



NEWSLETTER

October 2, 2026

UPDATES FROM MATA PRESIDENT

Happy Fall All,

Honored, humbled, and excited to have assumed the role of MATA President in June and looking forward to 2 years of advocacy, conversation, and (hopefully) your involvement in making progress together! We're currently seeking chairs for our Political Action Committee, Committee on Practice Advancement, and Intercollegiate Sports Medicine committee, so PLEASE reach out to me if you're interested in filling any of those roles or to your relevant committee chair if you're interested in being more involved in specific initiatives. I would challenge each of you to participate in at least ONE MATA, MAATA, or NATA opportunity before the end of 2026. Like, follow, and share our social media pages; and if you attend things- post about it and tag us or submit to the page via DM/email if you don't want to create your own post!

Check out our website for upcoming opportunities and updates from our committees. Our gear store will continue to be open seasonally, so buy some MATA gear for yourself/your friends/your family to rep at PRN events or out and about to create professional awareness. We get \$5 for each item sold. Be sure to nominate Marylanders for the National, District, and State awards so our state can highlight the amazing things we have going on.

Finally, THANK YOU for everything that you do everyday to represent us so well. I moved to Maryland in 2016, and have seen so much progress in the world of Maryland Athletic Training during that time. I'm proud to be part of this group and hope to keep that momentum rolling with your help.

Merry Maryland AT-ing!
Caroline Siebens, DAT, LAT, ATC
marylandathletictraining@gmail.com

OPEN MATA COMMITTEE POSITIONS

- Political Action Committee (PAC)
- Committee on Practice Advancement (COPA)
- Intercollegiate Sports Medicine Committee



WORDS FROM THE VICE PRESIDENT

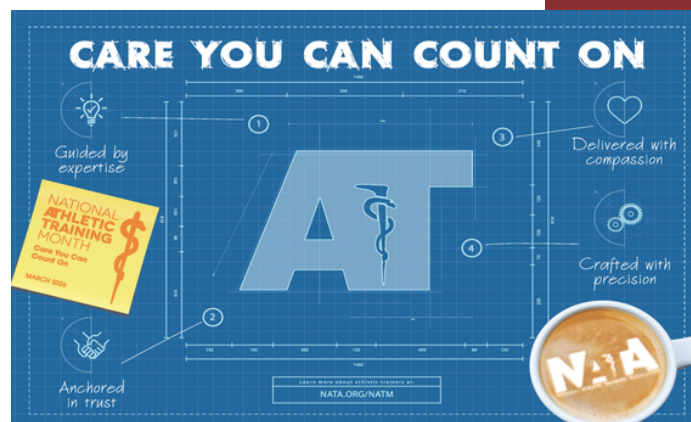
October 2, 2026

I hope everyone is having a great fall so far! It's hard to believe we're already well into another busy athletic season. I know this time of year keeps everyone on their toes, and I hope you're finding some time to enjoy the cooler weather and everything that comes with this fall season.

As we move through the next few months, keep an eye out for upcoming MATA events, educational opportunities, and ways to connect with fellow athletic trainers across the state from town hall meetings to Our DEI speaker series and our upcoming MATA meeting (save the date coming soon). We're looking forward to seeing many of you at upcoming events and continuing to find ways to support and strengthen our profession.

Thank you for everything you do each day for your athletes, patients, teams, and communities. Have a great fall season, and we hope to see you soon!

— Brian Perez, MS, LAT, ATC





YOUNG PROFESSIONALS

October 2, 2026

It's been a busy quarter for the MAATA Young Professional Committee! We kicked things off by leading the It's a New Day AT NATA Campaign and connecting with young professionals across the state and district through our presence at the MAATA Symposium. We've also continued to support our young professionals through resume and cover letter reviews.



LOOKING AHEAD

Looking Ahead: Our next committee meeting will be held in October (date TBD). Want to stay in the loop on upcoming opportunities, events, and resources? Join our Young Professional email list!

[Sign up here.](#)

YOUNG PROFESSIONAL AWARD NOMINATIONS

And finally, it's never too early to start thinking about Young Professional Award nominations! Who in the community is making an impact and deserves to be recognized?

Start thinking about who you'd like to nominate!

— Rebecca Frazier, MS, LAT, ATC





SECONDARY SCHOOLS

October 2, 2026

HAPPY FALL FROM THE 2026–2027 MATA SECONDARY SCHOOLS COMMITTEE!

Brian McGivern and Ashley Webster are thrilled to be serving as your 2026–2027 MATA Secondary Schools Committee co-chairs! We are excited about the year ahead and look forward to supporting secondary school athletic trainers across Maryland. We have A LOT planned, and we're ready to get started!

WE WANT YOU INVOLVED!

We are looking to grow our committee and would love to have representation from every region across the state. Whether you have been involved with MATA for years or are looking for a new way to contribute, your perspective and experience are valuable.

Interested in joining the committee? Please reach out to us at matassatc@gmail.com. We would love to hear from you!

2026–2027 SECONDARY SCHOOLS DIRECTORY

Our 2026–2027 Secondary Schools Directory Update Google Form has been sent out! Please take a few minutes to review and update your information so we have the most accurate contact information for secondary school athletic trainers across the state.

Keeping our directory current helps us communicate more effectively before, during, and after MATA events, initiatives, and opportunities. The directory update form will also be available on the MATA website for easy access throughout the year.

COMING SOON:

SECONDARY SCHOOLS

ATC TOOLKIT

We are excited to begin rolling out a Secondary Schools ATC Toolkit on the MATA website!

Over the coming weeks, keep an eye out for new and updated resources, including:

- Private school resources
- Mental health resources
- Emergency planning and preparedness
- Additional tools and resources designed specifically for secondary school athletic trainers



SECONDARY SCHOOLS

October 2, 2026

HAPPY FALL FROM THE 2026–2027 MATA SECONDARY SCHOOLS COMMITTEE!

Have an idea for something you'd like to see included? Please reach out! We want this toolkit to be practical, useful, and reflective of what athletic trainers are actually experiencing in their schools.

We are looking forward to a great year of communication, collaboration, advocacy, and support for secondary school athletic trainers throughout Maryland. We hope you'll join us and be part of the conversation!





EDUCATION & RESEARCH

October 2, 2026

SYMPOSIUM

Based on feedback from the MATA Symposium Survey, the MATA Annual Symposium will be held in June 2027. We will be sending a "Save the Date" soon!

If you have any suggestions for speakers or topics for the symposium, or if you're interested in presenting, please email MATAEdandResearch@gmail.com.

— Ashley Santo, PhD, LAT, ATC





GOVERNMENTAL AFFAIRS

October 2, 2026

SAVE THE DATE LOBBY DAY

Please join us for our annual Lobby Day, on January 14th, 2027!

It is on this day that we take the time to speak with lawmakers and public servants to inform them of Athletic Trainers and our importance within the community. Please be on the lookout for more information in the coming months.

Additionally, if you have an advocacy requests please reach out to matagovernmentaffairs@gmail.com

— Jane McClean, MSHA, LAT, ATC





TOWNHALL MEETING!

October 2, 2026

SAVE THE DATE

**Please join us for our next MATA Meeting on
October 25th, 2026!!**

The President of MATA is inviting you to a scheduled
Zoom meeting.

Topic: MATA Open Exec Meeting
Time: Oct 25, 2026 07:00 PM Eastern Time (US and
Canada)

Join Zoom Meeting
[https://zoom.us/j/95550282920?
pwd=K6PBlA76tlaxJqvCeAdSXS4cmvTu0P.1](https://zoom.us/j/95550282920?pwd=K6PBlA76tlaxJqvCeAdSXS4cmvTu0P.1)





NEW STAFF

October 2, 2026

WELCOME!

LET US INTRODUCE OURSELVES

We have some new faces this year and we would love to introduce them.

PRESIDENT

"Dr. C" attended the University of Pittsburgh for Undergraduate and got certified in 2014. Masters from the University of Southern Mississippi & Doctorate from Temple. She currently works at MerVo High School in Baltimore City Schools. Two of her favorite parts of the job are getting creative with rehabs and the relationships she forms!



VICE PRESIDENT

Hello from your VP. My name is Brian Perez and I have been an athletic trainer in the state of Maryland since 2010. I earned my bachelor's degree from Ithaca College and my master's degree from West Virginia University. I look forward to continuing my advocacy for the athletic training profession in Maryland through my executive committee role these next few years.

SECRETARY

Nathalie Elliott earned her M.S. in Athletic Training from High Point University in 2022 and currently is the athletic trainer at Academy for College and Career Exploration (ACCE) in Baltimore City. Passionate about supporting and growing the athletic training profession, Nathalie previously served as Chair of the MATA Social Media & PR Committee. Now stepping into the role of MATA Secretary, she is excited to get even more involved, connect with fellow athletic trainers, and help make a positive impact across Maryland.





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SOCIAL MEDIA/PR

Madi Shea is one of the social media co-chairs for MATA! She is currently a secondary school athletic trainer at James M. Bennett High School. She graduated from the University of Lynchburg MSAT program in 2025. She hopes to grow the MATA social media presence and highlight athletic trainers in all settings across Maryland! If members would like to be involved, they can share ideas with her or tag us in their social media post!



SOCIAL MEDIA/PR

Brittany Jackson is an athletic trainer and Delaware State University alumna passionate about advocacy, professional growth, and building a stronger athletic training community. As MATA's Co-Social Media Chair, she is excited to amplify the voices and accomplishments of Maryland athletic trainers, share meaningful resources and opportunities, and create a space that keeps our profession informed, connected, and engaged.

SECONDARY SCHOOLS

Brian McGivern, MS, LAT, ATC

SECONDARY SCHOOLS

Ashley Webster got her undergraduate degree at Colorado State University and her Masters from UNC Greensboro. She is currently the Athletic Trainer for Talbot County Public Schools on the Eastern shore. She loves what she does and enjoys advocating for our profession and our student athletes.

